



# SUNRISE FOODS

## CHEESE QUESADILLA

# 54600



Nutrition Facts			
Serving Size: 4oz (113g)			
Servings Per Container: 60			
Amount Per Serving			
Calories 295			
Calories from Fat 146			
% Daily Value*			
<b>Total Fat 16g</b>	<b>24%</b>		
<b>Saturated Fat 7g</b>	<b>31%</b>		
<b>Trans Fatty Acids 0 g</b>			
<b>Cholesterol 29mg</b>	<b>10%</b>		
<b>Sodium 422mg</b>	<b>18%</b>		
<b>Total Carbohydrate 26g</b>	<b>9%</b>		
<b>Dietary Fiber 1g</b>	<b>5%</b>		
<b>Sugars 0g</b>			
<b>Protein 12g</b>			
<b>Vitamin A 6%</b>	<b>Vitamin C 0%</b>		
<b>Calcium 32%</b>	<b>Iron 7%</b>		
Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
<b>Total Fat</b>	Less than 65g	2000	2500
<b>Saturated Fat</b>	Less than 20g	65g	80g
<b>Cholesterol</b>	Less than 300mg	20g	25g
<b>Sodium</b>	Less than 2400mg	300mg	300mg
<b>Potassium</b>	3500mg	2400mg	2400mg
<b>Total Carbohydrate</b>	300mg	3500mg	3500mg
<b>Dietary Fiber</b>	25g	300mg	375mg
Calories per gram:			
Fat 9		Carbohydrate 4	Protein 4

**Child Nutrition contributions**

Meat / Meat Alternate  
1.5 ounces

Bread  
2 servings

This product qualifies for the USDA Child Care Nutrition program, each serving is eligible for 1.5oz meat / meat alternate and 2 servings of bread alternate.

Contains Milk, Soy, and Wheat

INGREDIENTS: FLOUR TORTILLA (BLEACHED ENRICHED FLOUR (Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin), Water, Baking Powder, Salt, Sugar, Sodium Propionate (to Preserve Freshness), Cellulose Gum (to Preserve Freshness), Mono and Diglycerides and Microcrystalline Silicone Dioxide), and Sodium Metabisulfate (A Dough Conditioner), Shredded Pasteurized Process American Cheese (Cultured Milk, Water, Cream, Sodium Citrate, Salt, Powdered Cellulose Added to Prevent Caking, Sodium Phosphate, Citric Acid, Sorbic Acid (Preservative), Artificial Color, Enzymes), Mild Cheddar Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Anatto (Color), Monterey Jack Cheese (Cultured Pasteurized Milk, Salt, Enzymes), Potato Starch and Powdered Cellulose (to Prevent Caking), Natamycin (Natural Mold Inhibitor), Water, Vegetable Oil (May Contain Soybean Oil), Dried Cilantro.

**HANDLING INSTRUCTIONS: KEEP FROZEN**

**COOKING INSTRUCTIONS: SPRAY WITH FOOD RELEASE TO PREVENT STICKING. CONVECTION: 350 F FOR 10 MIN. TEMPERATURES MAY VARY.**

**NET WT. 15 LBS (6.8 KG) / 4.0oz 60ct**

**10310 ZODIAC LN. DALLAS, TX 75229**

*Patricia Paul*  
4/12/2007